

CVUSD High School Bell Schedules

March 1, 2023



Agenda

Review legal requirements and key background pertaining to high school bell schedules

Provide an overview and individual bell schedules which are proposed for ratification by the Board of Education

Senate Bill 328

46148. (a) (1) The schoolday for high schools, including high schools operated as charter schools, shall begin no earlier than 8:30 a.m.

(2) The schoolday for middle schools, including middle schools operated as charter schools, shall begin no earlier than 8:00 a.m.

(b) For purposes of this section, “schoolday” has the same meaning as defined by the school district or charter school for purposes of calculating average daily attendance in order to compute any apportionments of state funding. This section does not prohibit a school district or charter school from offering classes or activities to a limited number of pupils before the start of the schoolday that do not generate average daily attendance for purposes of computing any apportionments of state funding.

(f) The Legislature encourages school districts, charter schools, and community organizations to inform their communities, including parents, teenagers, educators, athletic coaches, and other stakeholders, about the health, safety, and academic impact of sleep deprivation on middle and high school pupils and the benefits of a later school start time, and to discuss local strategies to successfully implement the later school start time.

Background: School & Student Schedules

- In order for a class period to count for a school's instructional minutes a "valid course offering" must be provided during that period, and that class period must occur no earlier than 8:30 AM.
- "A" or "0" period before 8:30 AM must be a "limited course offering" and will not count for a school's daily/annual instructional minutes or a student's daily instructional minutes.
- The annual Instructional Minutes that must be offered for Grades 9-12 is 64,800. In order to fulfill this obligation, in 180 days, a student would typically be offered an average of 360 Instructional Minutes per day (64,800 min/180 days=360 min/day)
- Students must maintain a class schedule compliant with CVUSD Board Policy 6164.1, and must have at least 240 instructional minutes that begin at 8:30 (does not include "0" period).

A full day student status requires a minimum of six high school classes for students in grades 9-11, and a minimum of five high school classes, including one dual enrollment course, for students in grade 12 at any CVUSD high school, unless the Principal determines that the student's learning objectives would benefit from a reduced day in order to pursue dual enrollment either on or off of the high school campus.

Background: Timeline To Proposed Schedules

- October 2022 - Established February 1, 2023 deadline to review existing schedules and pass new bell schedules, if needed.
 - TOHS voted not to ratify their 22-23 bell schedule (86%)
 - WHS voted not to ratify their 22-23 bell schedule (83%)
- November 2022 - Meeting with teachers, administrators, and district staff
- December 2022 - Provided a memorandum to high school administration with key information on instructional minutes calculations and required threshold (70%) to pass new schedules
- January 13, 2023 - TOHS approves new bell schedule for the 2023-2024 school year (73%)
- February 2023 - WHS approved new bell schedule for the 2023-2024 school year (78%)

Bell Schedule Overview for 2023-2024 School Year

	Newbury Park HS	Thousand Oaks HS	Westlake HS
Total Instructional Minutes (2023-24)	65,270 Minutes	64,928 Minutes	65,182 Minutes

Start: 8:30 AM

End:

NPHS - 3:30pm

TOHS - 3:20pm

WHS - 3:17pm

5%	A Period	5%	A Period	35%	A Period
95-100%	Period 1 / Period 2	95-100%	Period 1 / Period 2	95-100%	Period 1
95-100%	Period 3 / Period 4	95-100%	Period 3 / Period 4	95-100%	Period 2
95-100%	Period 5 / Period 6	95-100%	Period 5 / Period 6	95-100%	Period 3
85-95%	Period 7	85-95%	Period 7	95-100%	Period 4
50-60%	Period 7	50-60%	Period 7	80-90%	Period 5
				65%	Period 6

School Schedules

Newbury Park High School

Bell schedule remains the same for the 2023/2024 school year

- Total number of students enrolled in 7th period - 1,400 (70% of population)
- Increased 7th period offerings include both in-person and hybrid models of learning providing many students with flexibility in their schedules
- Additional credits earned as a result of enrollment in 7th period (more options for students)
- Specialized programs like OASIS, DATA, AVID and Directed Studies are offered during the regular school day because those schedules are not blocked out by term block classes.
- The rotating block schedule puts NPHS on the same grading timeline as the other comprehensive high schools in our district and community.
- All students will receive instruction in all core content areas for the entire school year.

Regular Bell Schedule (Mon - Wed)				
Period	Start	Stop	Instructional Minutes	Instructional Minutes
Per 0	7:30 AM	8:20 AM		0
Passing	8:20 AM	8:30 AM		0
Period 1 (or 2)	8:30 AM	10:10 AM	100	100
<i>BREAK</i>	10:10 AM	10:15 AM		0
<i>Passing</i>	10:15 AM	10:25 AM	10	10
Period 3 (or 4)	10:25 AM	12:05 PM	100	100
LUNCH	12:05 PM	12:35 PM		0
<i>Passing</i>	12:35 PM	12:45 PM	10	10
Period 5 (or 6)	12:45 PM	2:25 PM	100	100
<i>Passing</i>	2:25 PM	2:35 PM	10	10
Period 7	2:35 PM	3:30 PM	55	55

CPT Day Bell Schedule (Thurs and Fri)				
Period	Start	Stop	Instructional Minutes	Instructional Minutes
Per 0	7:30 AM	8:20 AM		0
Passing	8:20 AM	8:30 AM		0
Period 1 or 2	8:30 AM	9:55 AM	85	85
<i>BREAK</i>	9:55 AM	10:00 AM		0
<i>Passing</i>	10:00 AM	10:10 AM	10	10
Period 3 or 4	10:10 AM	11:35 AM	85	85
LUNCH	11:35 AM	12:05 PM		0
<i>Passing</i>	12:05 PM	12:15 PM	10	10
Period 5 or 6	12:15 PM	1:40 PM	85	85
CPT	1:45 PM	2:30 PM		0
<i>Passing</i>	2:30 PM	2:40 PM	10	10
Period 7	2:40 PM	3:30 PM	50	50

The NPHS staff reaffirmed the bell schedule for 2023-24 school year by a vote of 99-1.

Thousand Oaks High School

Period	Monday Anchor/CPT Day	Tuesday Odd Block	Wednesday Even Block	Thursday Odd Block	Friday Even Block
A	n/a	7:20-8:20 (60 minutes)	7:20-8:20 (60 minutes)	7:20-8:20 (60 minutes)	7:20-8:20 (60 minutes)
CPT	7:40--8:25 (45 minutes)	n/a	n/a	n/a	n/a
Passing	5 minutes	10 minutes	10 minutes	10 minutes	10 minutes
1	8:30-9:15 (45 minutes)	8:30-10:10 (100 minutes)	8:30-10:10 (100 minutes)	8:30-10:10 (100 minutes)	8:30-10:10 (100 minutes)
Passing	10 minutes	1st Period	2nd Period	1st Period	2nd Period
2	9:25-10:10 (45 minutes)				
Nutrition Break	10:10-10:15 (5 minutes)	10:10-10:15 (5 minutes)	10:10-10:15 (5 minutes)	10:10-10:15 (5 minutes)	10:10-10:15 (5 minutes)
Passing	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
3	10:25-11:10 (45 minutes)	10:25-12:00 (95 minutes)	10:25-12:00 (95 minutes)	10:25-12:00 (95 minutes)	10:25-12:00 (95 minutes)
Passing	10 minutes	3rd Period	4th Period	3rd Period	4th Period
4	11:20-12:05 (45 minutes)				
Lunch	12:05-12:40 (35 minutes)	12:00-12:35 (35 minutes)	12:00-12:35 (35 minutes)	12:00-12:35 (35 minutes)	12:00-12:35 (35 minutes)
Passing	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
5	12:50-1:35 (45 minutes)	12:45-2:20 (95 minutes)	12:45-2:20 (95 minutes)	12:45-2:20 (95 minutes)	12:45-2:20 (95 minutes)
Passing	10 minutes	5th Period	6th Period	5th Period	6th Period
6	1:45-2:30 (45 minutes)				
Passing	10 minutes	10 minutes	10 minutes	10 minutes	10 minutes
7	2:40-3:20 (40 minutes)	2:30-3:20 (50 minutes)	2:30-3:20 (50 minutes)	2:30-3:20 (50 minutes)	2:30-3:20 (50 minutes)
Period A weekly average = 240 min		Periods 1-6 weekly average = 235 min		Period 7 weekly average = 240 min	

General Description:

- Modified Block
 - Monday: “Anchor Day,” All classes except A period
 - Tuesday & Thursday: A,1,3,5,7
 - Wednesday & Friday: A,2,4,6,7
- 8 Periods
 - A - 7 period
 - A Period, meets Tue - Fri
 - 7th period meets every day for 40-50 mins
- Passing time extended (gives more time at break and lunch)
- Everything ends on 5’s and 0’s
- Lunch moved earlier in the day (student and teacher request)
- No SEL Block

Site Communication Included:

- Schedule shared with parents via Green Sheet, Site Council, PTSA, ELAC and an open house
- Students surveyed on 11/30/2022
- Created a video and FAQ on this [webpage](#)



Westlake High School

Regular Bell Schedule (M-T-Th-F)

Period 0	7:15	8:23	68
<i>Passing</i>	<i>:07</i>		
Period 1	8:30	9:25	55
<i>Passing</i>	<i>:07</i>		
Period 2	9:32	10:27	55
Nutrition	10:27	10:33	6
<i>Passing</i>	<i>:07</i>		
Period 3	10:40	11:35	55
<i>Passing</i>	<i>:07</i>		
Period 4	11:42	12:38	56
Lunch	12:38	1:13	35
<i>Passing</i>	<i>:07</i>		
Period 5	1:20	2:15	55
<i>Passing</i>	<i>:07</i>		
Period 6	2:22	3:17	55

PLC Time Bell Schedule - Wednesday

	No	Mtg	Mins.
Period 0			
Staff Development	7:42	8:22	40
Period 1	8:30	9:25	55
<i>Passing</i>	<i>:07</i>		
Period 2	9:32	10:27	55
Nutrition	10:27	10:33	6
<i>Passing</i>	<i>:07</i>		
Period 3	10:40	11:35	55
<i>Passing</i>	<i>:07</i>		
Period 4	11:42	12:38	56
Lunch	12:38	1:13	35
<i>Passing</i>	<i>:07</i>		
Period 5	1:20	2:15	55
<i>Passing</i>	<i>:07</i>		
Period 6	2:22	3:17	55

General Description:

- ❑ Traditional schedule where students attend all classes each day
- ❑ Students in grades 9-11 will take 6 classes and in 12th grade will have the option to take 5 classes
- ❑ 12th grade students will have the option of taking a '0' period class so they can be done before lunch.
- ❑ School Day starts at 8:30am with Period 1. All students will have the option of requesting an '0' period class with 11th & 12th grade classes given priority.
- ❑ Based on student requests, we will continue to offer a wide variety of classes during '0' period.
- ❑ Reduced passing period by 1 minute as we realized the increase by 2 minutes for the 22-23 school year was to much.

Site Communications:

- ❑ Staff input through staff meetings, optional lunch/PLC/after school meetings, and UACT staff surveys
- ❑ Student input through SDAC rep meetings with Principal, School Site Council, and site communications
- ❑ Parent feedback through PTSA meetings, School Site Council meetings, and individual feedback to staff
- ❑ Included general information in weekly updates

Next Steps

Continued school site communication to students and families

Possible ratification of bell schedules compliant with Senate Bill 328 for the Board of Education on March 15, 2023

Questions?